



Traditional Medicine and Hydrotherapy Research Center
(TMHRC)

*The profile of the center's director:

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*concise descriptive summary for the center:

The ARUMS Traditional Medicine and Hydrotherapy Research Center (TMHRC) was established in 2020 as an academic research institution in order to develop research in traditional medicine and hydrotherapy through discovering and expanding knowledge, increase research capabilities at the national and regional levels and educate academic scholars.

TMHRC was officially approved by the Ministry of Health, Treatment, and Medical Education in May 2020.

The center's activities include designing and conducting researches on traditional & complementary medicine, hydrotherapy, and ethnobotany, encouraging and employing researchers interested in the fields of traditional & complementary medicine, and hydrotherapy, intra- and extra-disciplinary collaborations, expanding the basic and clinical researches, producing and disseminating evidence-based knowledge in traditional and complementary medicine and hydrotherapy and public

educations. These activities are carried out in order to appropriate use of traditional and complementary medicine in health. Rational and appropriate use of various complementary medicines can improve the community health level.